

## DISCLOSURE OF SERVICES

The purpose of a program of hypnosis is a self-improvement and as alternative or complementary treatment to healing arts services. A hypnotist is not a licensed physician or psychologist and hypnotherapy services are not licensed by Ontario province. Services are non- diagnostic and do not include the practice of medicine, neither should they be considered as a substitute for licensed medical or psychological services or procedures.

Hypnosis works with the power of the subconscious mind accessing it and creating improvements in our lives.

Services consist of a program of conditioning, including an undetermined number of private sessions, depending on the client's individual needs. The hypnotist will to the best of his or her ability endeavor to accomplish the objectives of the client's sessions. While hypnosis may be an effective technique for many purposes, the effectiveness may vary from individual, and no specific results or progress can be promised or guaranteed.

During hypnosis sessions, client remain completely aware of everything that is going on. In fact, many people experience a hyper-awareness where sensations are perceived enriched and vivid. The ability to visualize or imagine is enhanced. Deep relaxation is common. Many describe the hypnotic state as a complete and total escape from physical tension and emotional stress, while training completely alert.

The use of hypnosis could elicit memories of the past events which may or may not be literally true. It is possible that events under hypnosis will be distorted or misconstrued. Memories or images evoked under hypnosis are not necessarily accurate and may be a construction or a composite of memories. Without corroborating information, it is not possible to determine whether a specific memory is true or false, even if it seems true to client.

While it is the practice of hypnotists to keep information confidential, information revealed in hypnosis is not subject to psychotherapist – patient privilege. A court may order disclosure of information learned in hypnosis session.

### Notice

The province of Ontario has not adopted any educational and training standards for the practice of hypnotism. This statement of credentials is for Informational Purposes only. Under Ontario law a hypnotherapist or consulting hypnotist may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments.

If a client desires a diagnosis or any other type of treatment from a different practitioner, the client may seek such services at any time. In the event my services are terminated by a client, the client has a right to refuse hypnosis services at any time.

### Confidentiality

I will not release any information to anyone without a written consents from you, except as provided for by law.

I have received a copy of this disclosure and understand the information described above. I have also read about hypnotist \_\_\_\_\_ education, training, experience and

Hypnotist Name

other qualifications regarding the services to be provided.

Date \_\_\_\_\_

Client Name(Print) \_\_\_\_\_ Client Signature \_\_\_\_\_